

Iowa State University Senior Spotlight

Monthly Newsletter of Senior Information
ISSUE 01 November 2011



Get To Know...

Name: Beth Mabary

**Major: Dietetics with
a minor in Child, Adult,
and Family Services**

Background: I grew up on a farm in southwest Iowa. My decision to come to Iowa State was easy as both my mom and dad are Iowa State University Alumni. My older brother helps my dad on the farm which makes us a three generation farm family! I also have an older sister who just had a baby boy, Ryker, who loves his Aunt B!

Notable Achievements: It has been a lot of fun to develop my leadership skills while being apart of multiple organizations here on campus. Some of my favorites opportunities thus far would be the Student Alumni Leadership Council and the College of Human Science Student Council.

What I do in my spare time: I love to run and I'm currently training to participate in my first marathon.

Words to live by: Everything will always work out for the best!

Favorite Campus Memory: Storming the field at Jack Trice Stadium after a Cyclone victory over the Hawkeyes.

Plans After ISU—

I plan on completing my dietetic internship here in the Midwest area and then taking the national exam to become a Registered Dietitian. I would also like to earn a Masters in Public Health as I feel it would be beneficial to my future in community nutrition practices.

Favorite Class at ISU- Communicating Nutrition Messages (FS HN 366) with Dr. Litchfield. I really liked the practical applications of the course. I learned a lot about how to use social media when implementing a nutrition message and how to target various audiences!

ONLY 43 YEARS UNTIL WE ARE SENIORS AGAIN



Senior Class Council Updates and Info:

Senior Week: November 14-18th

Senior Packages can be purchased at the lower level of the Alumni Center from 9:00am-5:00pm or at any Central Campus Senior Week event.



Package includes:

- Iowa State Alum window cling
- Senior t-shirt
- 32oz plastic mug
- Iowa State bottle koozie

Here is what the t-shirt looks like!



Senior Week Calendar of Events

Monday

- Purchase Senior package at the Alumni Center (\$10) 9:00am-5:00pm (M-F)*ISU ID required
- Deals for Seniors in Campus-town from 9:00pm-2:00am!**

Tuesday

- Doughnuts on Central Campus at 9:00am *While supplies last
- Purchase Senior package at breakfast (\$10) *ISU ID required
- Deals for Seniors in Campus-town from 9:00pm-2:00am!**

Wednesday

- Wieners for Seniors on Central Campus: 11:00am *While supplies last
- Deals for Seniors in Campus-town from 9:00pm-2:00am!**

Thursday

- Deals for Seniors in Campus-town from 9:00pm-2:00am!**

Friday-

- Deals for Seniors in Campus-town from 9:00pm-2:00am!**

**To get Senior Deals in Campus-town you must present the 2011/2012 32oz Senior Mug at participating locations.

Iowa State Alumni Association

The ISU Alumni Association provides members numerous benefits and helps you support the Cyclones even after you graduate.

- Discounts to Local and National organizations.
- Subscription to Visions Magazine— a quarterly review of all things CYCLONE.
- And just for being a member you'll receive several perks and giveaways like car clings and decals, ISU's yearly calendar, and so much more!
- Check out the link below to find out how to sign up today!
- www.isualum.org/join